Northern Rivers Classic Motorcycle Club Inc.

PO Box 7058, Lismore Heights, NSW 2480

www.nrcmcc.org

http://nrcmcc.blogspot.com/ Email: nrcmcc@gmail.com or Ph 0266 246724



APRIL 2012

Classic Torque

Sunday club run to Clunes for important meeting?

Last month's run was certainly not one of any great distance as it was designated a "slow bike run" and considering the dubious weather conditions having more than a dozen members arrive at the Lismore Rail with the unusual assortment of classic bikes ready to participate was excellent. Tony and Lena volunteered to lead the way on their "Classic AJS" using the proven system of 2nd rider marshalling system in play.

On a few previous occasions we have had a few hic-cups with this method of marshalling but each time for different reasons. Firstly on this occasion, as we were about to leave Lismore, one esteemed Ducati rider nearly lost his horn (bike) but it was saved by Tony just noticing it in time hanging off the bike! All went well until less than 2 klms



out of Lismore Tony had a flat tyre. This created a slight change in the theme of things but someone quickly assumed the lead position with Lena being pillioned by Richard to Clunes on his BMW with Tony accompanying his flat tyred AJS on the back up ute. (Not sure how much of that smile on his face was from embarrassment when he arrived at Clunes). At the old school hall we were welcomed with tea, coffee, cakes and biscuits made by Lena. More members duly arrived separately by car and bike for the meeting which had been especially arranged to consider the changes and the amendments to the club's constitution. The committee was overwhelmed by the support of over three dozen members attending.

An unfortunate accident occurred on the return trip with Ray Martlew parting company with his unique Jawa Tramp rounding one of the many bumpy bends coming down Jonson Road to



Eltham. He is now recuperating at home nursing 6 broken ribs.

Noel Edwards

From right to left: Ray's 350 twin Jawa Tramp, Honda tourer and Rob's little 175cc Yamaha just showing some of the variety we do have in our club for a "Slow Run".

Meeting Minutes – NRCMCC 13 March 2012

Welcome Open at 7.35 – Chaired by Pat Holt- attendance – 36 as per attendance sheet

Visitors Chris Topham, Federal; Tim Earley, Goonellabah; Derek Goodwin; Andrew Waddell;

Apologies David & Carol Charlton; Marc Jenison; David Bonhote-Mede; Doug Mouncey; Peter

Fleming; Kevin Maloney, Wendy Hagen; Mark hunt; Kevin Watts; Tony Harvey;

Minutes of previous meeting – accepted/2nd

<u>Business Arising from minutes</u> Frank Widdows and Peter Lake (Asst) are run coordinators; Col and Nancy Mc Andrews are Club Rally coordinators

<u>Treasurers Report</u> – tentative bank balance \$6425.37, Investment account \$12786. Report is interim only pending more sorting out by new treasurer.

Correspondence IN –On file - 6 Newsletters, 3 letters, 2 event flyers

Flyers – Summerland CC re annual show in Lismore, Aug 5 – Peter Lake and Eric Wilson to coordinate. Also Ray Owen Show Mt Tambourine, 27 May – both declared club rides.

Correspondence OUT - none

GENERAL BUSINESS

- 1. Nick Kostyn wants classic bike pictures for 'Northern Rider'
- 2. Please check out Library site and consider uploading some of your books,
- 3. We need 3 extra committee people Pat holt to sound out possible and move at AGM/ Constitution meeting
- 4. Eric W explained procedure for AGM/constitution meeting and need to bring your own copy of constitution,
- 5. Need to finalise signatories for club account old ones off register and new ones to sign on
- 6. Newsletter to be available on website fill out newsletter request forms if you cannot access internet. Please don't fill out if you can access internet.
- 7. Doug Foskey congratulated people responsible for magazine on website
- 8. Pat Holt expressed his concern re the club rally it is losing money and appears to be poorly supported by club members, especially for dinner, etc. Suggested we need to make more effort to support other club rallies to encourage them to come to ours. Discussion needs a separate committee, the 3 extra exec comm. could be rally committee; we need to examine the type of bike we want to attract where are the classic bikes, is our rally suitable? Should we split it to suit bike types? Maybe a static display day? Perhaps only every 2 years; note that some regulars have already booked usual dates need to decide soon.

<u>Members Reports -</u> Gold Coast event, 15 April; Inverell event 19-27 April; both declared club runs

Midweek runs – 10 attended/ 6 attended

Peter Lake explained that Sunday runs up to June now established-

March 18 - Clunes for AGM/Constitution

April 15 - Toonumbar Dam

May 12-13 – O'night to Nymboida (or one day on May 13 to Lawrence to meet Nymboida group)

June 17 – Slow bike run to Evans head

Close 8.45 pm





Price list for Velocettes 1959

An esteemed member of our club, Peter Small sent me this list along with several photos of some of his very exotic "Classic bikes" and I thought seeing our club has many Velo fans this list of prices for the models available in 1959 would get their hearts racing as Peter wrote the comment on top of the sheet says it all.

P.&.R. WILLIAMS PTY. LTD.

PRICE LIST.

VELOCETTE *****

Separate List groups Motor Schoters and Mopeds. Separate List for A.J.S. Motorcycles.

VELOCETTE.

EQUIPMENT: EVERY VELOCETTE has dual seat & pillion rests.

VENOM: Q.D. STREAMLINED FIBRE-GLASS COVER encases crankcase, gearbox, battery

and toolbox. Prop stand and stoplight.

MSS & VIPTR: Air-cleaner, prop stand and stoplight included.

VALIANI: Has SHAFT DPIVE, 4-speed, twin carburettors, SAFTY BAPS, air-cleaners

and stop light included.

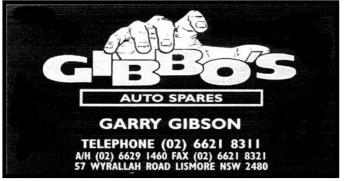
L.E.: Has SHAFT DPIVE, WATTR-COOLING, "no lift" stand. LYGSHITLDS & air cleaner

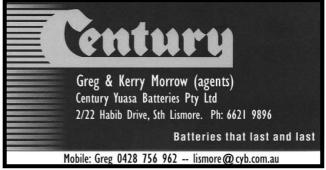
included, also PANNITR BAGS on 3-speed model - (£7.10. 0. extra on 4-speed

JAMES.

model.)

MODEL:	<u>CASH</u> PRICE.	DEPOSIT.	MONTHLY PAYMENTS (including insurance for lamths.)	COPRES- PONDING APPROX. WEEKLY PAYMENTS	HIRING CHARGE.	INSUR- ANCE COVER.
VELOCETTE.						
VENCM 500 Super Sports Equipment listed above.	£379.10. 0.	£139.10. 0. 154.10. 0. 154.10. 0.			£51.14. 3. 48.11. 3. 36. 9. 3.	330/260 310/240 "
VIPER 350 Super Sports. Equipment listed above.	£349.10.0.	114.10. 0. 139.10. 0. 139.10. 0.	24 " 12. 6.10	6. (63/10) 6. (56/10) 7. (73/-)	50.11. 0. 45. 3. 0. 33.17. 6.	320/250 270/210 "
MSS 500. Equipment listed above.	£339.10, 0.	104.10. 0. 134.10. 0. 134.10. 0.	24 " 12. 1.11	. (63/10) . (55/10) . (71/7)	50.11. 0. 44. 5. 0. 33. 3. 6.	3 2 0/250 270/210 "
VALIANT 200 O.H.V. TWIN. Equipment listed above.	. £259, 5, 0.	79. 5. 0. 104. 5. 0. 104. 5. 0.	24 " 9.6.3	(49/5) (43/-) (52/10)	39. 3. 5. 34. 1. 9. 25.10. 9.	240/180 210/150 "
L.E. 200 S.V. LIGHT TWIN. Equipment listed above.	£288. 0. 0.	78. 0. 0. 118. 0. 0. 118. 0. 0.	24 " 10. 3. 2	. (56/10) . (46/11) . (60/1)	45. 3. 0. 37. 3. 4. 27.17.10.	270/210 230/170
L.E. MK III 200 4 spd. footchange Equipment listed abovel	£297. 0. 0.	82. 0. 0. 122. 0. 0. 122. 0. 0.	24 " 10. 8. 1	. (58/7) . (48/-) . (61/7)	46. 9. 3. 38. 1. 4. 28.10. 4.	290/230 230/170 "





At last: A fine weather mid-week run

Due to the possibility of showers and the absence of two of our regulars, only four Club members assembled at the Lismore Railway station on this second Wednesday of the month at 9AM. But in compensation there was a good mix of machines, including a classic Ducati Pantah, Triumph Cen-

tennial Bonneville, a classic Yamaha RD 250 and a more modern 1989 Yamaha RZ 250. The railway station carpark was much altered, with tents and even a stage constructed over the old railwayline, being the venue of NORPA's staging of the play 'Railway Wonderland'. Entertainments apparently were to include a licenced bar and a wood-fired pizzeria - so as you would expect, there was



not as much room to park our bikes as usual!

The Route planned was modified 'en route' due to greasy road conditions under the camphors on these back-roads, but it ended up being:- Bruxner Highway to Alphadale, then Cowlong Road (minor road-works), onto Humptyback Road, to Eltham-Teven Road and then down to Tintenbar village and north along a very slow 60Kph speed-restricted Pacific Highway, finally to arrive at a smart and refurbished Newrybar. There the home-made "snails" (croissants) and some truly delicious coffee and tea were avidly consumed while discussing the effects of the mining-boom and overall relocation economics. It was evident to me that not all the population can be winners in any type of boom, but WA seems the place to go at present - just as long as you have employer subsidies/financial support, due to very high prices and accommodation shortages.

At around 11.30AM we broke off, mutually deciding Brian would lead the group back to Lismore via Hoolihans Creek Road and Eltham. Overall around 90KM was travelled at reasonable speeds on these back-roads - and not a drop of rain fell!

R. A.



Les Skennar and Katrina Sommers

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NRCMC Club Events 2012

Club runs each month on the 1st Sunday after the meeting.

Bangalow: runs start from top restaurant car park / from Lismore Railway Station.

Wednesday Mid-week runs all start at Lismore Railway at 9 am on the 1st and 4th Wednesday every month

- **April 15:** Sunday Club Run, leaves Bangalow 8.30, Lismore 9am for run to Toonumbar Dam with a coffee stop there or at Kyogle depending on the members.
- **April 18** Wednesday 5.30 pm Workers Club Lismore for NRCMCC Committee Meeting. Any members who feel they can help in any way in this years rally are invited to attend this meeting.
- **April 29** Over the Hill Mob depart 8.30, Lismore Rail.
- **May 13:** Sunday Club Run, leaves Bangalow 9 am, Lismore 9.30 for Lawrence Pub for lunch and to meet up with the overnighters on the Nymboida Weekend Run.
- **June 17:** Sunday Slow Bike Run, leaves Bangalow 9 am, Lismore 9.30 to Evans Head Riverside Cafe for coffee.
- **July 15th** Sunday run to hot rods at Brunswick heads. Leaves Lismore 9 am, Bangalow 9.30
- **Aug 5**th Sunday Annual Static Bike & Car Display, 9.30 am Clyde Campbell car Park. More details later.
- Aug19th Triples rally weekend: Sunday combined run with Col and his Triumph triples.

 Leaves Ballina Lakeside Caravan Park, Fenwick Drive 9.30 am (Not Shaws Bay) return approx 1200 for a barbeque. Barbeque provided by Triumph riders in appreciation for NRCMCC providing marshals on the previous day. Note: Marshalls will be required for Sat 18/8/12, please contact Col 02 6683 4429

Sept. date to be confirmed NRCMCC Annual Rally

Full details will be announced after the April 18th meeting

- Oct 14th Sunday club run to Gerard Roche's house in Eureka. Leaves Lismore 9 am Bangalow 9.30 am
- Oct 28th Sunday "Compression against Depression" run. Please contact Nick Kostyn for further details.
- **Nov 18th** Sunday slow bike ride to Rocky Creek Dam Leaves Bangalow 8.30 am, Lismore 9am
- **Dec 16** Sunday Run to Frank Widdows house, 64 Westland drive Ballina. Leaves Lismore 8.30 am Bangalow 9 am.

2012 events hosted by HMCQ

MOTOR OYCIE CLUB

PETE: 0407 195177

April 15 HAIGSLEY SWAP MEET

May 17 RAY OWENS classic Bike Show (Tamborine Mountain area) GARY: 07 5533 7544

June 30 to **July 1** TEAMS TRIALS KALBAR (hosted by Brisbane area) IAN: 07 3369 1058

August 15 "STINKWHEEL RALLY" (Pine Rivers area)

JOHN: 07 3269 7643

Please let me know if there are other important club events from other clubs to be listed, Editor

LIBRARY LISTING AT MARCH 2012

Books are listed in categories and you will appreciate that a detailed description of each book will take up too much room in our newsletter. Go to: www.nrcmcc.org — link to library list. If you see a title you may be interested in, contact the librarian on the number listed on the front of the newsletter or at the monthly meeting. If you take a manual, please consider photocopying the whole or part of it, so it can be returned quickly for another members use. Cost of each book or DVD loan is 50 cents a month, monies going to the library for new books.

Workshop manuals (book number first, then title) 24 BSA singles workshop manual - 27 BSA650 twins, 1963 to 1972 - 32 NORTON commandos all models - 35 NORTON twin restoration - 36 DUCATI singles - 37 DUCATI twins - 40 BSA 500 and 650 twin service sheets - 42 VINCENT from 1938 - 43 NORTON dominator twins 1949 to 1970 - 44 AJS and Matchless single and twins - 45 VELOCETTE - 46 VINCENT HRD - 47 ARIEL post war models - 48 TRIUMPH buyers guide - 50 Moto Guzzi singles - 52 Norton twins - 53 Brough Superior - 54 BSA buyers guide - 55 Triumph Twin restoration - 58 DUCATI twin owners workshop manual - 60 Triumph T90 and T100 twins - 63 Triumph pre unit workshop manual - 64 Matchless Service Manual - 66 Ducati 860 Manual - 69 BSA A65 Spares Sheets - 70 BSA 500 twin spares sheets - 73 Triumph Instruction Manual - 75 Tuning Triumph 1951 - 81 Clymer Manual Suzuki Singles 1964 to 1981 - 82 BMW Parts Lists - 82a Triumph Trident and BSA Rocket 1969 to 1975 Haynes Manual - 83 Munich M/C Parts List - 83a BSA A7 and A10 Haynes Manual -84 BSA / Triumph 750s 1969 To 1975 - 85 BSA A7 and A10 1947 0n. Haynes Manual - 85a Suzuki GS1000 Fours 1967 to 1979 Haynes Manual - 86 Triumph Pre-unit Twins Haynes Manual 1947 to 1962 - 87 Suzuki Fours Haynes Manual 1977 to 1979 - 87a Honda CB750 Haynes Manual 1969 to 1979 -88 Honda CB 750 and RB 900 Haynes Manual 1978 to 1984 - 88a Suzuki Triples Clymer Manual 1972 to 1977 - 89 Honda 750 Fours Haynes Manual 1969 to 1979 -89 550 F2 1976 Parts List 90 Honda CB750 K7 1976 Parts List - 91 Honda Parts Lists for CB500k3, CB550k2, CB550k4, 1976 - 92 Honda Parts List CB500t, 1974 - 93 Clymer Manual Yamaha 90-350 Twins, 1965 to 1974 - 94 Service Manual Yamaha XS650 and XS 6502f 1979 - 95 Service Manual Suzuki TS90 and TC90, 1971 to 1976 - 96 Suzuki Service Manual Ts 125 and Ts185, 1975 - 97 Honda Parts List CB359f, 1973 - 100 Yamaha Twins 650, 1970 to 1980 - 104 Norton Commando Parts List Ryan's Motorcycles 1968 to 1970 - 105 Maintenance Hand Book Ducati Desmo 750 and 900 Twins 1976 - 106 Honda Servicing Book XR75 And S170, 1973 - 107 Kawasaki Z250 Twins Service Manual - 108 Harley Davidson Military M/C, 42 WLA, 1940 - 110 Villiers M/C Engines Mk10d and Mk6e - 111 Excelsior Motorcycles, Hints and Tips - 112 Cassel Book Of Vespa Scooters 1951 to 960 - 114 Honda Gh 50k2 Parts Book - 120 Clymer Manual Yamaha XJ550 Fours 1981 to 1983 - 125 Clymer BMW Manual 500/700 Twins - 126 Clymer BMW Twins 500/1000 - 127 Clymer Suzuki Manual 1964 / 1972 Singles - 128 Clymer Bultaco Manual 125 / 370 - 129 Clymer Kawasaki Manual Singles 1978/ 1983 - 130 Triumph Factory Manual Unit Construction Twins - 137 Harley Davidson Parts List WLA Factory - 140 Triumph Instruction Manual Twins B Range T110 - 143 Vellocette Instruction Book Mov to Mss - 144 Book Of Bantam BSA - 145 Harley Davidson Interchangeable Parts 1936 to 1981 -146 Harley 1942 WLA Operation and Maintenance Guide - 148 Commando Workshop Manual Norton Villiers - 150 Norton 1939 Roadholders - 151 Norton 1933 Roadholders - 171 Yamaha XS 1100 1978 to 1981 Clymer manual - 172 Yamaha DT 125 4/DT 175 E service manuals - 173 BSA service sheets 250 sv/250 ohv C10 and C11 models - 174 Owners Workshop Manual Triumph 350/500 unit twins 1958 to 1973.

General reading and information, (book number first then title) 1 Great British m/cs of the fifties -2 great British m/cs of the sixties - 3 illustrated encyclopaedia of m/cs - 4 restoring and tuning classic m/Cs Phil Irving - 7 m/c technicalities Phil Irving -8 motorcycle racing x 2 - 9 the BMW story - from 10 to 20, a series of the world of motorcycles - from 20 to 23, a further series of world of motorcycles - 28, fifty years of motorcycles - 29 taking up m/c racing - 30 handbook of classic British bikes -33 the iron redskin, Indian m/cs - 34 the Norton story - 38 v twins classics 1903 to present - 39 classic British scramblers - 41 Isle Of Man TT - 49 don't trudge it, Rudge it - 51 the story of Rudge m/cs - 56 James flood history m/c in Australia - 57 Phil Irving autobiography - 59 classic m/cs - 61 Pre-war British m/cs - 62 post war British m/cs - 67 the first Scott scene - 68 Australian m/c scene 1983 /84 - 72 the book of Triumph - 74 Classic M/Cs - 76 Rich Mixture - 77 Classic M/Cs - 78 Browns Classic m/cs - 79 Handbook Classic British Bikes - 98 Barry Sheen autobiography - 99 Harley Davidson - 101 The Ultimate m/c encyclopaedia - 102 Triumph the legend - 103 Illustrated M/C Legends - 109 Scaysbrook m/c through time - 113 You and Your m/c - 115 Buyers And Sellers Guide to M/Cs - 116 - 117 - 118 Series of 3 covering Harley Davidson from 1983 to 1992cyclo world - 119 Norton Commando Riders Manual - 121 Vincent HRD history in South Australia -122 Its A Triumph -123 An illustrated history of motorcycles - 124 World Motorcycle Guide - 131 BSA Twins and Triples - 132 Bonny Triumph, Osprey - 133 Triumph Twins and Triples Roy Bacon - 134 Tuning for Speed, Phil Irving - 135 1975 Buyers Guide - 136 Motorcycling Manual Hamlin - 141 Hamlin guide to post-war British motorcycles - 142 Ariel owners guide square fours - 149 handbook of racing fuels - 152 motorcycling in Australia 1976 - 153 Speed John Surtees Story - 154 Superbikes Dream Machines - 155 Phil Irving autobiography - 156 Prince of Speed, Phil Read - 157 Wheels of Fortune, Phil Redman - 158 TT Races SS Davidson - 159 Motorcycles Classics - 160 Millers Classic M/C guide 1998 161a Encyclopaedia of the Motorcycle Hugo Wilson - 162 Ultimate Motorcycle Book national M/C Museum Hugo Wilson - 163 Encyclopaedia of Motorcycles Roland Brown - 164 Pictorial guide to 1990 Motorcycles Lawrence Simpson - 165 Classic German Racing Motorcycles Mick Walker - 166 Italian Classic Sports Bikes Mick Walker - 167 Motor Guzzi Buyers Guide Mick Walker - 168 Bikes and Bikies - 169 Motorcycle World - 170 Motorcycle Digest.

Following cd-rom and dvds are also on list -- 1 Triumph Parts Lists - 2 Birth Of The V Rod - 3 BSA Collection - 4 Norton Commandos Etc - 5 Classic Vintage And Veteran - 6 100 Years Of Motorcycling -- 7 Cruising, Local - 10 The John Britten Story -- 11 World Of Super bikes -- 12 The Last Hurrah - 13 Vincent And Vellocette -- 14 The Best Of British -- 15 The Spirit Of Speed--16 Ewan McGregor and Charlie Boorman _-17 No Limit, George Formby __18 Classic fc British Motorcycles -- 19 Book of Lucas --20 Point of Impact --21 Workshop Manual, BMW 2 Valve Series.

REMINDER AND PLEA- members are reminded that if you are laid up at home or hospital and need some m/c books to pass the time, contact me and I will deliver reading material (lots of monthly mags in stock too) in a reasonable distance from home. Also as more Japanese and European bikes become classics we need more workshop manuals for these machines, so if you have a manual at home but no longer have use for it, could you please donate it to the library.

Eric Wilson, Librarian

The President's Report

To all members. I hope this message finds you, your family and friends all in good health and spirits. Apologies to all for not doing a report last month. March monthly meeting was very uplifting for me and gave me a strong renewal in my belief of what we all are trying to do in the club. The fact that nearly all the members at the meeting endorsed that we "should have an annual rally", and that most, if not all, were wanting to help in some form or another. It is now up to the rally committee to make the event happen, and more importantly, enjoyable. I am sure this will happen.



The special Constitution meeting was held on the 18th March and may I say, on behalf of myself and the committee and sub-committee led by

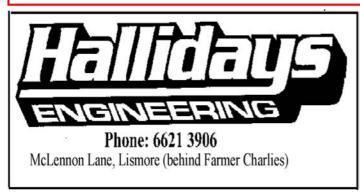
Eric, we were very pleased with the attendance. The meeting was spirited to say the least. However, at the end of the day, after some fine tuning and correction of the spelling and punctuation, the new Constitution was passed unanimously. Some very good adjustments were made, such as the financial end of year reporting date and the re-alignment of the 30 year classic rule with RTA regulations. The sub-committee will now come back to the committee with a "club rules" suggestion, which in due course, will be submitted to the members for consideration.

Thanks to all who helped with the long hours in preparing the new Constitution. The manner in which it was done, the proper order of business for the club, and I would be remiss if I didn't single out Eric for special thanks for all of his work over the last few months. May I also recognise that we had seven "Life members" at the special meeting on the 18th March, something that I didn't highlight at the time. The Life members, of which Alec Marsh was one, a long overdue thanks to him for having the foresight to incorporate the Club years ago.

Thanks to the new members who have accepted committee positions - Peter, Peter and Frank. Thanks also to Col and Nancy and a special thanks to Jerard who has accepted the position of Treasurer.

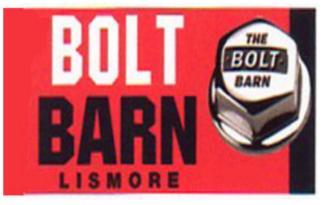
All the best

Pat Holt







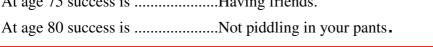


THE FOUR <u>STAGES OF LIFE:</u>

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus.
- 4) You look like Santa Claus.

SUCCESS:

At age 4 success is	Not piddling in your pants.
At age 12 success is	Having friends.
At age 17 success is	Having a driver's license.
At age 35 success is	Having money.
At age 50 success is	Having money
At age 70 success is	Having a drivers license.
At age 75 success is	Having friends.



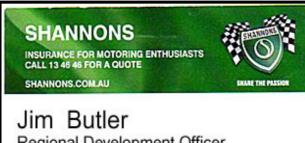








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My contact details are:

Peter Fleming
Ph 66280519 Ahrs

From the Editor's desk.

As all members are aware our club held a very important meeting last month to revise and update the NRCMCC rules and constitution and with more than 33% of our members in attendance it must be reassuring for everyone to know that so many members are interested enough in the political side of running the club.

Disaster struck the small village of Grivellia last month which obviously devastated the locals but also our club will mourn the loss as it has been a very popular venue for a coffee on many of our Sunday club rides. Remember this Sunday Club Run, 15th April is to Toonumbar dam with a coffee supplied at the dam and if that is not possible then it is back to Kyogle. If any members object to riding on a little bit of dirt then they can proceed to have their refreshments at Kyogle. On Sunday the 29th, this month the "Over the Hill Mob Rally" begins and any one who would like to see them off is welcome at 8.30 Sunday at the normal departure venue of the Lismore railway station.

Last month our new run co-ordinator, Frank Widdows suffered a sad loss in the passing of his father. The NRCMCC would like to offer their sincere condolences to Frank and his family.

Noel Edwards

NRCMCC OFFICIALS CONTACT NUMBERS

President: Pat Holt...... Ph 6629 1051 Vice President: Eric Wilson...... Ph 6624 3157 Secretary: Richard Swinton...... Ph 6629 1069 Assistant: Katrina Jeffery Ph 6683 2559 Treasurer: Gerard Roach.....Ph 66884440 Librarian: Eric Wilson Ph 66243157 Rally Com. Persons: Col and Nancy McAndrew Registration: Officer: Bryson Walker: Ph 6629 1509 Registration Officials: Pat HoltPh 6629 1051

Brian Riordan 6621 5535, John Sinclair Ph 6688 4130 Bryson Walker Ph 6629 1509 Editor: Noel Edwards: Ph 66 24 2506 Email noel mavis@hotmail.com Deputies: Richard Swinton Ph 6629 1069 Nick Kostyn 6629 10001, Rob Andrews Ph 6621 4083 Catering: Ian Wilkes Raffles: Dave Bonhote-Mede Ph 6621 8803 Events Co-ordinator: Frank Widdows Ph 6686 0771 Mid-Week ride organizer, Rob Andrews Ph 6621 4083

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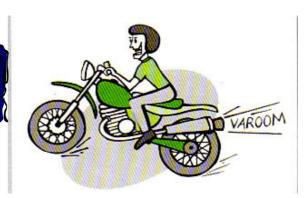




Is your exhaust too loud?

A story in last month's copy of "Cycle Torque" was about a rider of a Honda 600 motor cycle who received an infringement notice in the mail that

his exhaust was too loud and he had to submit his motorcycle for testing to see if it exceeded the sound limit of 98 db (A). He was not stopped by the



Police Officer who had simply thought that the exhaust was just too loud so had just recorded the bikes registration plate. When duly tested the bike did not exceed the legal sound level as it still used the standard pipe it came fitted with so the rider was not charged but still had to pay \$40 for the test. Apparently this could arise again so it sounds like a very unfair system, particularly as the police don't even have to stop the vehicle without resorting to any proof or evidence that the exhaust was emitting too much noise.

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APN 44556613080

lismore . bangalow . mullumbimby . clunes . federal

Subject: FW: This is my new doctor

- and I LOVE him!

Words of wisdom!

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Your heart only good for so many beats, and that it... Don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it like saying you extend life of car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine made from fruit. Brandy is distilled wine, that mean they take water out of fruity bit so

you get even more of goodness that way. Beer also made of grain. Bottom up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have body and you have fat, your ratio one to one. If you have two bodies, your ratio two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of single one, sorry. My philosophy is: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food are fried these day in vegetable oil. In fact, they permeated by it. How could getting more vegetable be bad for you?!?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise muscle, it get bigger. You should only be doing sit-up if you want bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable! It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for your figure, explain whale to me..

Q: Is getting in shape important for my lifestyle?

A: Hey! 'Round' is shape!

Well... I hope this has cleared up any misconceptions you may have had about food and diets. *And remember:*

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Chardonnay in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride!!"

SWAMP





If undelivered return to, N.R.C.M.C.C. P.O. Box 7058 Lismore Heights 2480



Our Club's objectives :-

The objectives of the NRCMC are *primarily* to encourage the restoration, preservation, and riding of older motorcycles. Through its various activities, the club promotes motorcycling and the links to a bygone era with several organised monthly rides as well as our involvement in displaying our bikes at charity functions etc.

The club holds its annual Classic Rally in September each year and entry is open for everybody to attend regardless of the type or age of their machinery. Club members also attend rallies organised by other clubs throughout the year.

The club endeavors to cater for families and all members partners and children are most welcome to attend any meetings or outings. Membership is open to anybody with an interest in motorcycling and there is No prerequisite to currently own a new or old motorcycle.

Monthly Meetings

Monthly meetings are held on the second Tuesday of each month in the Clunes Memorial Hall, Walker Street in Clunes. They start at 7.30 pm. Membership \$40 per annum, fees due in December.

Organised Runs

A breakfast run is held on the Sunday immediately following the club's monthly meeting. We meet in the car park, next to the top roundabout in Bangalow 8.30 am or Lismore Railway 9 am. Every other Sunday can be a club run but members must contact the Events Organiser. There are also 2 Mid-week runs departing Lismore Railway on 1st and 4th Wednesday of the month at 9 am. Contact Rob Andrews on 6621 4083.